



# DIABETES

Understanding the Disorder



## WHAT IS IT?

This condition is typically diagnosed in children, adolescents, and young adults. Individuals with this type of diabetes do not produce insulin, which the body requires to reduce blood sugar levels. As a result, these patients must take insulin injections daily.



## WHAT IS IT?

Individuals with this type of diabetes either do not produce sufficient insulin or their body's cells fail to respond effectively to insulin. As a result, they may need to take medications to stimulate insulin production or enhance insulin function, and some may require daily insulin injections. Additionally, those who are overweight and lead a sedentary lifestyle are at a higher risk of developing type 2 diabetes.

## Symptoms of **high** blood sugar

### WHAT IS IT?

1. Dry/ itchy skin
2. Losing feeling in your feet
3. A tingling sensation in your feet
4. Blurry vision
5. Being thirsty
6. Passing urine often, even at night
7. Feeling hungry or tired often
8. Losing weight
9. Sores that heal very slowly