Cholesterol (CHOL)

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TEST OVERVIEW

Test Name Cholesterol **Test Code** CHOL **Short Description** Cholesterol

OVERVIEW

Test Name

Test Code CHOL

Category Biochemistry

TAT Main Lab: 6 Hour(s) Family Site: <8hrs

Cholesterol

Specimen(s) 1 x Venous blood - 5 mL Tube - Gold - SST-Serum Separator Tube

SPECIMEN(S)

SST-Serum Separator Tube

Specimen Type SST-Serum Separator Tube

Specimen Format Tube Specimen Colour Gold Specimen Volume 5 mL Sampling Order 2

Origin Venous blood

Collection time after baseline

15-25°C **Transport Temperature**

Accepted Other Specimens Lithium Heparin Plasma

Sodium Heparin Plasma

EDTA Plasma

TAT Main Lab: 6 Hour(s)

Family Site: <8hrs

Test Stability Room Temp: 7 Day(s)

2-8°C: 7 Day(s)

CLINICAL INFORMATION

Cholesterol

Methodology Enzymatic

Specimen Type SST-Serum Separator Tube

Delay before pre-treatment 24

Transport Temperature 15-25°C

Transport Stability at room temp 7 Day

Transport Stability at 2–8°C 7 Day

Haemolysis interference

No

Clinical Interest

The **total cholesterol test** is a routine blood test used to measure the amount of cholesterol in the blood. Cholesterol is a type of lipid that is essential for building cells and producing hormones, but high levels can increase the risk of cardiovascular diseases.

The test is used to identify individuals at risk and guide preventive measures.

PATIENT INFORMATION

Clinical Information Required Fasting patient

Patient Collection Notes

In the absence of known hypertriglyceridaemia, a lipid profile may be taken in nonfasting patients. If hypertriglyceridaemia is discovered, a control sample should be prescribed and taken after a 12-hour fast. In all cases, the patient may drink water.

COMMENTS & NOTES

LOINC Code 647-2, 14647-2,

Outwork

No